



Instructions for Pain Management

With all types of surgical procedures, post operative pain management is critical to ensure the success of the procedure as well as the patient's comfort.

We recommend reviewing this information so that you can manage your pain effectively.

Take the prescribed pain reliever before the numbness starts to subside, making sure you have eaten beforehand.

We recommend taking 2–3 200 mg tabs of Advil® or ibuprofen between each dose of the prescribed pain medication for 4–5 days.

If discomfort is tolerable without the use of the prescribed pain medication, we still recommend taking 2–3 200 mg tabs of Advil or Ibuprofen every 4–6 hours to help minimize swelling.

Pre-Operative

Take 800mg Advil or ibuprofen night prior to surgery.

If you are unable to take ibuprofen, you can take Tylenol®.

Day of Treatment

1–2 hours after surgery or before the numbness starts to subside – **take the prescribed pain medication*

Post-Operative

2 hours after your first dose – Take 600mg Advil or ibuprofen and continue as directed.

2–4 hours later – Take the prescribed pain medication, **only as needed**

It is important to continue the medication and take all medication as directed by your dental team.

If you have any questions, please contact our office at (425) 226-1990 during our working hours, Monday to Fridays 7:00am to 7:00pm & Saturdays from 7:00am to 2:00pm or our **emergency line** at (425) 243-4308 after hours if it is a true emergency and one of our on-call providers will work to assist and triage your call.

Thank you for trusting us with your care and know you're always good-2-go here at GO DENTISTRY!