



## **Post operative Instructions for Final Dental Crown**

Postoperative care after the delivery of your final dental crown is essential to promote healing and maintain the longevity of the crown. Here are some important instructions to follow on receiving your final crown.

### **Numbness**

If local anesthesia was used during the crown placement, be cautious with eating or drinking until the numbness completely wears off. Accidentally biting your tongue or cheek is common when the sensation returns.

### **Sensitivity**

It's normal to experience some sensitivity around the crowned tooth for a few days to a week. This sensitivity should gradually improve.

### **Avoid Chewing Immediately**

Avoid chewing on the crowned tooth for at least one hour after the procedure to allow the cement to set properly.

### **Diet Restrictions**

For the first 24 hours, stick to soft foods and avoid hard, sticky, or chewy items that could potentially dislodge the crown.

### **Pain Management**

If you experience mild discomfort after the crown placement, over-the-counter pain relievers can be taken as directed by our team. Follow the recommended dosage carefully.

### **Oral Hygiene**

Continue to maintain good oral hygiene by brushing and flossing regularly, however, do not floss the new crown for 24 hours. Pay special attention to the crowned tooth while being gentle around the gumline. If you wear a nightguard, please bring it to your appointment.

### **Avoid Grinding or Clenching**

If you have a habit of grinding or clenching your teeth, consider using a nightguard to protect your new dental crown while sleeping.



### **Temperature Sensitivity**

If your new crown is made of porcelain, you might experience some temporary sensitivity to hot and cold temperatures. This sensitivity should diminish with time.

### **Report Any Issues**

If you experience persistent pain, discomfort, or notice any irregularities with the dental crown, contact your dentist promptly for evaluation and adjustments if needed.

### **Attend Follow-Up Appointments**

Make sure to attend any follow-up appointments scheduled by your dentist. These visits are essential to ensure the crown is settling well and there are no issues.

### **Maintain Regular Dental Visits**

Continue to visit your dentist regularly for routine check-ups and cleanings to maintain your oral health and monitor the condition of the crown.

**Remember** that your dental crown requires proper care and attention to ensure its longevity and functionality. If you have any concerns or questions about your new crown or its care, don't hesitate to reach out to your dentist for guidance. With proper postoperative care, your dental crown should serve you well for many years.

**Following these preoperative instructions will help ensure that you have a comfortable and successful dental procedure. If you have any specific concerns or questions, please don't hesitate to contact your dentist's office in advance.**

**Thank you and thank you for your trust.**

**We look forward to seeing you and restoring your beautiful teeth.**