



Pre-Op for Dental Extractions

Preparing for a dental extraction procedure is essential to ensure a smooth and successful experience. Here are some important preoperative instructions to follow.

Medical History and Medications

Inform your dentist about your complete medical history, including any underlying health conditions, medications you are taking, and any allergies you may have, especially to anesthesia or antibiotics.

If you are taking any blood thinners or anticoagulant medications, discuss this with your dentist, as it may impact the extraction procedure.

Arrive on Time

Be punctual for your appointment to allow time for any necessary paperwork and preparations.

Eating and Drinking

You will be receiving local anesthesia. Please have a meal and drink before your appointment. You will not drink for a period after the procedure.

Hygiene

Brush your teeth and floss thoroughly before coming in for the extraction. Maintaining good oral hygiene helps reduce the risk of infection.

Pain Management

If you have dental anxiety or concerns about discomfort during the procedure, discuss pain management options with your dentist beforehand.

Transportation

If you're receiving sedation that may impair your ability to drive, arrange for someone to accompany you to and from the appointment.

Comfortable Clothing

Wear loose, comfortable clothing to ensure a relaxed and stress-free experience.

Communication

If you have any questions or concerns about the dental extraction procedure, don't hesitate to ask your dentist before the appointment.



Minimize Stress

If you're feeling anxious about the procedure, try relaxation techniques like deep breathing or listening to calming music. We offer a variety of different calming agents in the office such as pillows, blankets, movies, beverages, ear plugs and noise canceling headphones. Please ask for them during your visit.

Reschedule if Unwell

If you develop a cold, flu, or any contagious illness before your appointment, it's best to reschedule to prevent the spread of germs to staff and other patients.

Post-Extraction Care

Familiarize yourself with the post-extraction care instructions our team will provide. Understanding how to care for the extraction site properly will aid in the healing process.

As with any surgical procedure, a period of rest and recovery will be necessary to help aid the healing process. Some patients elect to take the rest of the day off or the next day as well. Please allow your body to heal afterwards and allow yourself the necessary time to recover. ***We are happy to provide documentation for your employer.***

Following these preoperative instructions will help ensure that you are adequately prepared for your dental extraction procedure. If you have any specific concerns or questions, please discuss them with our team before the appointment to address any worries you may have.

Thank you and thank you for your trust.

We look forward to seeing you and restoring your beautiful teeth.