



Pre-op Instructions for Nightguard Scan

Congratulations, you are scheduled to have a nightguard scan completed during your next visit. **Please review the following instructions and let us know if you have any questions.**

Appointment Confirmation:

Confirm the appointment date and time with the patient through a reminder call, text, or email.

Oral Hygiene:

Please brush and floss your teeth before the appointment. Clean teeth provide a more accurate scan and better results.

Eating Before the Appointment:

Have a light meal before the appointment to ensure comfort during the scan.

Payment and Insurance:

If you have any questions regarding insurance and payment options, please inform our billing team before your visit and we will provide you with a treatment plan showing your estimated costs. You will be responsible for providing payment for your assumed patient portion prior to the start of your visit. As always, we work with your carrier to provide an estimate of cost, but it is not a guarantee of payment on behalf of your insurance carrier. Any unpaid balance will be the assumed responsibility of the patient.

Clothing:

We recommend wearing comfortable clothing to the appointment.

Oral Piercings:

We recommend removing any oral piercings before the scan, as they may interfere with the digital scanning process.

Duration of Appointment:

The appointment should not take longer than 30 minutes so please plan accordingly.

Avoid Lipstick and Gloss:

We recommend that the patients do not wear lipstick or lip gloss on the day of the appointment, as it could interfere with the scan quality.



Oral Health Update:

If there have been any changes in your oral health since their last visit, please share this information with the dental team.

Follow up appointment:

The occlusal guard will be made in the lab, and we should have it in the office in two weeks. Please return in a timely manner to receive your appliance. Any delay in the delivery may result in the appliance not fitting. ***Delivery of appliance is not guaranteed within the 2-week time frame suggested and it does vary due to lab case volume and the complexity of fabrication for the device.***

Thank you and thank you for your trust. Let us know if you have any questions or concerns.