

# **Preoperative Instructions for Final Dental Crown**

Congratulations on reaching the final stage of your dental crown procedure. Before getting the permanent crown placed, it's essential to follow these preoperative instructions to ensure a successful and comfortable experience!

# **Dental Check-Up**

Before the final crown placement, your dentist will conduct a thorough examination to ensure that the tooth is adequately prepared and that there are no underlying issues.

#### **Inform Your Dentist**

If you have experienced any changes in your health or have started taking new medications since your last appointment, inform your dentist. Your overall health can affect the success of the crown procedure.

# **Medications and Allergies**

Make sure to inform your dentist about any medications you are currently taking, including over-the-counter drugs and supplements. Also, disclose any allergies you may have, especially to anesthesia or dental materials.

# **Arrange Transportation (if necessary)**

If you require pre-operative sedation, you will need someone to drive you home after the appointment. Plan for transportation if required.

### Hygiene

Brush and floss your teeth thoroughly before your appointment to ensure a clean and healthy oral environment for the crown placement. If you wear a nightguard, please bring it to your appointment. You may require a new one if your current one does not fit the new crown.

#### **Anesthesia**

During most crown delivery appointments, local anesthesia will not be used. By request, we are more than happy to provide it if necessary. If you do require local anesthesia, please refrain from drinking or eating until the anesthetic wears off.

### **Dental Anxiety Management**

If you have dental anxiety or concerns about the procedure, discuss these with your dentist. They can provide strategies or options to help you feel more comfortable during the process.



### **Comfortable Clothing**

Wear comfortable clothing to your appointment, as you want to feel relaxed during the procedure.

#### Communication

If you have any questions or concerns about the final crown placement, don't hesitate to discuss them with your dentist before the appointment.

#### **Arrive on Time**

Be punctual for your appointment to allow time for any necessary paperwork and preparations.

You will experience post operative discomfort such as gum pain, tooth pain, and tooth sensitivity. Just like any type of medical and surgical procedure, there will be modifications to the area and tissue manipulation to help provide the best care.

Please be aware that the number one predictor of post operative pain is preoperative pain. In addition, the body will require time to get used to the new crown. As it becomes part of your body, it will start to feel better, but it will take time. Please refer to the post operative instructions for more information.

Following these preoperative instructions will help ensure that you have a comfortable and successful dental procedure. If you have any specific concerns or questions, please don't hesitate to contact your dentist's office in advance.

Thank you and thank you for your trust.

We look forward to seeing you and restoring your beautiful teeth.